

Foothill Girls Basketball – March 2010

* This schedule is subject to change – check periodically for updates.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 OFF	2 OFF	3 3-5: Gym (All) BV all @ San Clemente	4 2-3: Lift/Plyo (Var.)	5 OFF	6 OFF
7	8 OFF	9 2-3: Lift/Plyo (Var.)	10 2-3:45: Conditioning (All)	11 2-3: Lift (Var.) 3-4: Conditioning/Plyo (All)	12 OFF	13 SAT Testing OFF
14	15 6-7:30: Gym (All)	16 2-3: Lift/Plyo (Var.)	17 2-3:45: Conditioning (All)	18 2-3: Lift (Var.) 3-4: Conditioning/Plyo (All)	19 4-6: Gym (All) BV Var @ OC Champs	20 10-12: Gym (All) BV Var @ OC Champs
21	22 6-7:30: Gym (All)	23 3:30-5: Gym (All) BV V/JV @ El Mo	24 2-3:45: Conditioning (All)	25 2-3: Lift (Var.) 3-4: Conditioning/Plyo (All)	26 2-3:45: Conditioning (All)	27 OFF
28	29 6:30-8: Gym (All) <i>(time switched by half an hour)</i>	30 2-3: Lift/Plyo (Var.)	31 2-3:45: Conditioning (All)			
<p>If the Boys Basketball team does well, the schedule may change. Pay attention for updates!</p>						